



“CO-LIFE COACHING”™ SPA WEEKEND

Bring a partner for a weekend filled with laughter, love & learning!

**Friday, November 6th — Saturday, November 7th
Inn on Potomac, Hagerstown, MD**

“Co-Life Coaching” is an opportunity for you and a friend or loved one to learn how to *coach each other* to greater success and happiness.

By the conclusion of this life-changing, interactive workshop, you and your partner will learn how to:

- Use powerful communication skills
- Create self-determined goals and action plans with your partner
- Reframe “can’t” into “can”

AND... return home with a partner who will be there to “help” you continue to progress toward optimal daily living.

Dates: Friday, Nov. 6th, beginning at 7:00 p.m. and ending 4 p.m., Saturday, Nov. 7th

Workshop Cost: \$150 - *per pair* (room and spa additional)

Location: Inn on Potomac, 400 N. Potomac Street, Hagerstown, MD

Inn and Spa Accommodations: Please call the Inn on Potomac at 301-739-5679.

(Note: During workshop weekend, massages may be scheduled between 4 p.m.- 6:00 pm.)

Workshop Pre-Registration by October 23rd is required. Space is limited!

To pre-register, send contact information for both you and your partner along with your check payable to: Co-Life Coaching, and send to Co-Life Coaching, 6008 Avon Drive, Bethesda, MD 20814.

For additional information, email:

adair.eves@co-lifecoaching.com

This “CO-LIFE COACHING” workshop is facilitated by:
Robin Levien and Adair Eves, *Founding Partners, Co-Life Coaching*